PCA
PHILADELPHIA CORPORATION FOR AGING



Caregiver Navigation Program

About Philadelphia Corporation for Aging (PCA)

Philadelphia Corporation for Aging (PCA) serves as the state-designated Area Agency on Aging for Philadelphia County. It coordinates a broad range of services to assist older Philadelphians and those with disabilities in living as independently as possible.

What is a Caregiver Navigation Program

PCA's Caregiver Navigation Program assists caregivers in connecting and accessing resources they need to support their loved ones while maintaining their own well-being along the caregiving journey. The program provides a range of free services listed below:

Information and referral assistance:
Offer information and referrals to programs and services that best fit the needs of the caregiver.

Personalized care consultation:
Provide recommendations, suggestions, and interventions that are centered on the person and family, as identified and preferred by the caregiver.

Training, workshops, and educational resources:
Offer caregiving information and resources, including education and training opportunities.

Who is eligible

- Caregivers of Older Adults Caregivers, 18 years of age or older, who are caring for an adult that is 60 years of age or older/ a person with dementia of any age.
- Older relatives caring for children non-parent relatives, over the age of 55, who live with children and are the primary caretaker for them.
- Care receiver must be a Philadelphia County resident.

How it works

1. Request the Caregiver Navigation Services by calling the PCA Caregiver Support Program (CSP) hotline at 215-995-4372 or sending an email CSPPCAreferrals@pcaCares.org.
2. Care Manager, who specializes in caregiving, will contact you to discuss your situation and needs.
3. You will receive a follow-up call from the Care Manager to ensure that the information was helpful and to confirm you were able to connect to the services and support discussed. Additional assistance can be provided if needed.
4. At the end of the service, you will receive a brief survey via email, mail, or phone call. Please help us improve the program by providing feedback on your satisfaction and experience.