



PHILADELPHIA CORPORATION FOR AGING



OPTIONS PROGRAM

Care Management ensures that you get the assistance you need to overcome obstacles associated with daily living.

Support services will meet your in-home needs, while helping to prevent unnecessary hospitalization and institutional care.

PCA's OPTIONS program can assist you in coordinating home and community-based services, so that you can continue to age gracefully in your home.

OPTIONS services include:

- Assessments
- Care Planning
- Resources and Referrals
- Problem Solving
- Advocacy
- Crisis Intervention



Individual-Directed Care

Advocating. Identifying. Accessing.

Using person-centered and strengths-based approaches, care management through OPTIONS empowers individuals and their caregivers to make informed decisions and participate fully in the care planning process. We offer a choice of services and available providers to support your highest level of functioning. As your needs change, the care manager can help to add or adjust services to meet your new or emerging needs.

Services and Supports Available Include:

- Respite
- Personal Care
- Home Delivered Meals
- Home Health Services
- Older Adult Daily Living Services
- Durable Medical Equipment & Supplies
- Accessibility Adaptations



PCA Helpline: 215-765-9040



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