EMERGENCY FUND COALITION BULLETIN

News and resources for those serving emergency needs of older Philadelphians | SPRING 2015

• SUCCESS STORY: Home Instead Senior Care an Emergency Fund Coalition Member

Home Instead Senior Care began serving older adults in 1994. Paul Hogan, who founded Home Instead with his wife, Lori, was inspired by his family's experience of sharing tasks in caring for his grandmother for 12 years. He and his wife realized the need for non-medical home care and companionship services to help seniors continue living independently at home as they aged. Since 1994, Home Instead has branched out to 960 franchise offices worldwide. Home Instead's Philadelphia franchise was established 12 years ago.

Home Instead Senior Care Philadelphia provides thousands of hours of home care services annually to seniors in their homes, in assisted living facilities and even in nursing homes. Specialized training programs equip Home Instead's CAREGivers to help older adults meet a variety of non-medical care needs related to Alzheimer's disease, dementia, arthritis, Parkinson's, diabetes, depression and other conditions. In situations when a client has aging-related medical needs beyond the organization's home care capabilities, clients are referred to partners in the local health care industry.

Services include:

Companionship and Home Helper Services: Socialization, meal preparation, grocery shopping, medication reminders, lighthouse keeping, accompanying clients to doctor's visits, and doing laundry/linens.

Personal Care Services: Bathing, dressing, grooming, meal preparation, incontinence care and mobility assistance.

Alzheimer's and Other Dementia Care Services: Help with managing behavioral symptoms and keeping seniors safe, encouraging engagement in activities and social interaction, and assistance with activities of daily living.

continued on back page

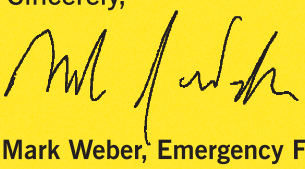
• Dear Reader

Save the date! Our 26th annual Emergency Fund Luncheon and Rose Epstein Silent Auction fundraiser will take place on Thursday, June 4 at Cannstatter's Catering in Northeast Philadelphia. Arthur Helfand, doctor of podiatric medicine, will receive the Bright Star of Aging Award for his long and distinguished career assisting and advocating for older adults on issues of proper foot health. Dr. Helfand is currently Board Vice Chair of Philadelphia Corporation for Aging (PCA) and is former PCA Board Chair and Treasurer.

Community Service Awards will also be given to three recipients who have provided exemplary service to seniors over many years: Hanna Do, Vietnamese outreach worker with the Southeast Asian Mutual Assistance Association Coalition (SEAMAAC); Rev. John Jallah, executive director of the Agape Senior Citizens Center; and Rev. Angela Lundy, founder and CEO of Interfaith Specialty Services, Inc. Mindy Mozenter, community outreach director of Home Instead Senior Care Philadelphia, will be returning as our host. Invitations will be mailed soon.

Congratulations to Fran Kwiatkowski on her recent retirement. She served the Emergency Fund Coalition well for many years as the representative for Polish American Social Services (PASS). Good luck, Fran! Her replacement at PASS and on the coalition is Peter Groch.

Sincerely,



Mark Weber, Emergency Fund Coalition Chair
Center Counselor
The Center at Journey's Way

Host sites sought for free "Help Yourself to Health" workshops

Philadelphia Corporation for Aging (PCA) seeks locations to host a series of free workshops aimed at helping adults age 60-plus better manage chronic health conditions. Entitled "Help Yourself to Health," and coordinated by PCA, the series consists of six 2½-hour sessions aimed at helping participants better manage symptoms; decrease stress, fatigue, frustration and pain; and increase self-esteem, fitness and healthy eating. Host sites are asked to provide space and promote the workshops to their constituents. PCA provides trained leaders and materials. The workshops are funded by the Pennsylvania Department of Aging. There is no cost to the host site.

To learn more, or to become a host site, call PCA Health Promotion Consultant Diane Brown at 215-765-9000, ext. 5119; e-mail dbrown@pcaphl.org; or visit the workshop website at www.pcahelpyourselftohealth.org.

Home Instead Senior Care Philadelphia is committed to community service on older adults' behalf. In addition to its participation in the Emergency Fund Coalition for Older Philadelphians, the organization provides gifts for Little Brothers, Friends of the Elderly to distribute to isolated homebound elders at holiday time.

For more information:
Home Instead Senior Care Philadelphia
1211 Chestnut St., Suite 905
Philadelphia, PA 19107
215-925-4610
or www. homeinstead.com.

Save the Date!

THURSDAY, JUNE 4, 2015
11:30 a.m. - 2:00 p.m.

Emergency Fund Coalition for Older Philadelphians
Bright Stars of Aging Annual Luncheon
and Rose Epstein Silent Auction

Honoring Arthur E. Helfand, D.P.M. and PCA Board Vice Chair for his distinguished contributions to geriatric podiatry

Cannstatter's Catering
9130 Academy Rd.
in Northeast Philadelphia

Register by Friday, May 22

Registration available at
www.pcaCares.org/EFundLunch

Questions? Call Rick Spector at
215-765-9000, ext. 5340
or e-mail rspector@pcaphl.org

LIKE PCA on Facebook!

For more news & resources for seniors, go to:
www.facebook.com/PCACares.org

• CASE STUDY

Unitarian Universalist House

(Submitted by Roberta Balsam, social services supervisor, UUH outreach program)

Ms. B., a 62-year-old African-American woman, lives in a small house in Germantown with her teenage granddaughter. The older woman faces a number of economic challenges. Her income is very low, and she is continually trying to manage her bills, manage her health care costs and keep up with the financial needs of a 15-year-old. During the course of my home visit, she mentioned that she had received a shut-off notice regarding her heat and did not know how she would have enough money to keep the heat on in the house during the winter. That worry was keeping her up at night, she said.

Unitarian Universalist House (UUH) can offer consumers some financial aid through its Client Assistance Fund (CAF). In addition, UUH staff often work collaboratively to provide clients in need with additional financial assistance through Philadelphia Corporation for Aging's Emergency Fund. By pooling assistance resources, UUH has helped its clients keep the lights on, purchase a lift chair, pay for food and more. A collaboration on behalf of Ms. B., utilizing resources available through the Emergency Fund and the CAF helped her with her heating bill and put a smile back on her face.

Applications, referrals are encouraged for FCSP

Philadelphia Corporation for Aging's (PCA) Family Caregiver Support Program (FCSP) provides qualified caregivers with care management, benefits counseling, education and training, and reimbursement benefits. Caregivers may receive $200 a month in reimbursement for caregiving services and supplies, and may also receive up to a lifetime maximum of $2,000 in housing modifications or assistive devices, such as stair glides and tub grab bars, to make caring for the loved one at home easier.

The monthly reimbursement funds are most commonly used for "respite" care, where an in-home care aide comes for a few hours to give the caregiver a needed break; and for personal or medical supplies.

FCSP currently has no waiting list, so applications and referrals are encouraged. To be eligible for the state FCSP program, the caregiver must provide daily hands-on care and have primary responsibility for the physical and emotional well-being of the care recipient. The care recipient must be age 60-plus, or 18-plus with a diagnosis of dementia or a severe disability, and require assistance with at least one activity of daily living (ADL). For more information, call the PCA Helpline at 215-765-9040.

• EFC MEMBERS

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BAYADA HOME HEALTH CARE
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BETTER HOME CARE, LLC
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CENTER FOR ADVOCACY FOR THE RIGHTS AND INTERESTS OF THE ELDERLY (CARIE)
•
CLARIFI
•
FEDERATION HOUSING, INC.
•
HEALTHY CAREGIVER FOUNDATION
•
HOME INSTEAD SENIOR CARE
•
INTERCOMMUNITY ACTION (CENTER AT JOURNEY'S WAY)
•
JEWISH FAMILY AND CHILDREN'S SERVICE OF GREATER PHILADELPHIA
•
KLEIN JCC
•
LIBERTY LUTHERAN SERVICES/ LUTHERAN CHILDREN AND FAMILY SERVICE
•
MAYOR'S COMMISSION ON AGING
•
NEWCOURTLAND
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NORTH CITY CONGRESS
•
PHILADELPHIA CORPORATION FOR AGING
•
PHILADELPHIA SENIOR CENTER
•
PHILIP JAISOHN MEMORIAL CENTER
•
POLISH AMERICAN SOCIAL SERVICES
•
SENIORLAW CENTER
•
SENIOR HELPERS PHILADELPHIA
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UTILITY EMERGENCY SERVICES FUND